

PRACTICE PLANNER PERSONAL INFORMAL PROTOTYPE/TRIAL

What would you like to start practicing on?

Domain of Practice

- Autonomy
- Purpose
- Meetings
- Transparency
- Decision making
- Learning and Development
- Relationships and Conflict

Describe the practice and where and when you plan to implement it and with whom:

Post practice:

Who will you debrief your practice with?
When?

What are you noticing/learning about:
Hierarchical biases; personal leadership;
invitation; power; trust?

Now what? How will you finetune this practice?

What is your next commitment?

Document your current state of this practice:

1. Comfort level in sharing the current state of your practice? **Keep private** <-----> **Inform everyone**
2. What is your emotional state? **Charged** <-----> **Calm**
3. What is your focus? **Self** <-----> **All**
4. Who's accountable? **Others** <-----> **I am**
5. Where is your attitude? **Judgment** <-----> **Inquiry**

Notes about your current state:

How will you invite others:

Commitment:
No. of times/duration you commit to this practice