Describe the practice and where and when you plan to implement it and with whom:

Domain of Practice
- Autonomy
- Purpose
- Meetings
- Transparency
- Decision making
- Learning and Development
- Relationships and Conflict

Document your current state of this practice:

1. Comfort level in sharing the current state of your practice?
   - Keep private <----------------------> Inform everyone
2. What is your emotional state?
   - Charged <----------------------> Calm
3. What is your focus?
   - Self <----------------------> All
4. Who’s accountable?
   - Others <----------------------> I am
5. Where is your attitude?
   - Judgment <----------------------> Inquiry

Notes about your current state:

How will you invite others:

Commitment:
No. of times/duration you commit to this practice

Post practice:

Who will you debrief your practice with? When?

What are you noticing/learning about: Hierarchical bias; personal leadership; invitation; power; trust?

Now what? How will you finetune this practice?

What is your next commitment?